



At Camp Comfort, I didn't feel so alone. Looking back at my 8-year-old self, I went from bottling everything up to learning to talk about my loss. I learned to live for my Dad and do things that would make him proud.

— Brandon, Volunteer and Past Camper



I just wanted you to know how much my daughter enjoyed her time at camp. She had been very quiet and withdrawn lately. I know she keeps her feelings inside. (She still doesn't talk about her Dad much.) She came home on Sunday over the moon and couldn't stop talking about all the activities and fun she had.

— Parent of a Camper



Mount Evans Home Health Care & Hospice  
3081 Bergen Peak Drive  
Evergreen, CO 80439

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Evergreen, CO  
Permit No. 93

See our video at  
[CampComfort.org](http://CampComfort.org)

2023 Sessions



a grief camp for children ages 6-12



Dear Parent or Guardian,



While issues of grief and loss are hard for anyone to handle, they can be especially painful and confusing for children. Sharing with other children who are in similar situations and knowing that they are not alone can be very helpful. We invite your child to take part in a positive, healing experience with Camp Comfort.

Founded in 1995, Mount Evans Home Health Care & Hospice's bereavement camp has helped more than 1,700 grieving children ages 6 to 12 find a path through their grief. Camp Comfort will be offering two weekend long camps in the mountains and one day camp for three days in metro Denver this summer. Children learn ways to cope with their grief through workshops and activities, building skills to help them now and throughout their lives. Workshops are balanced with exciting recreational and creative activities, so that children feel free to have fun and just be kids.

Our hope is that an experience at Camp Comfort will assist your child in understanding their loss while having fun and finding support with other children who have lost a loved one.

With Hopes of Healing,  
The Camp Comfort Staff



## FAQ

### Who is Camp Comfort for?

Any child between the ages of 6 and 12 who is grieving the death of a family member or friend.

### Who supervises Camp Comfort?

Mental health clinicians, grief professionals, and volunteers supervise campers. All staff and volunteers are screened and undergo background checks. A camp nurse is available for first aid and to dispense medications.

For the weekend camps, specially trained volunteers, called “buddies,” stay with their assigned campers throughout the weekend including in the cabins at night.

### Can Camp Comfort accommodate children with special needs?

Please reference your child’s special needs on the application form. All children will be considered on an individual basis, based on camp’s abilities to meet their needs.

### How much does Camp Comfort cost?

Camp Comfort is free for all children thanks to our generous donors. We do require a \$25 deposit per child to hold their spot.

## WEEKEND CAMP

Our weekend camp begins on Friday evening, when campers meet their volunteer “buddy” and cabin mates. Saturday is full of emotional discovery and heart-healing recreational activities—sharing sessions, swimming, fishing, ziplining, art projects and more! Saturday ends with a bonfire and a talent show!

The weekend wraps up on Sunday morning with a remembrance art project and a closing ceremony that all family members are encouraged to attend. Campers will leave having learned ways to express their grief and knowing they’re not alone in their feelings of grief.

Meals, snacks, lodging, and recreation included.

### Dates

Choose between two weekend sessions:  
June 16 - 18, 2023  
July 7 - 9, 2023

### Location

Easter Seals, Rocky Mountain Village  
2644 Alvarado Rd, Empire, CO 80438



I loved fishing and my buddy was a blast. I caught 8 fish! I can't wait to come back to camp next year.

– Alex, age 10



## DAY CAMP

At our three-day camp, Campers will learn ways to cope with their grief while building meaningful relationships and experiencing lots of summer fun! Campers will engage in grief workshops and therapeutic activities as well as participate in fun recreational and artistic activities. Camp will conclude with a reflective closing ceremony that families are invited to attend.

Lunch, snacks, and recreation included.

### Dates & Times

July 17 through 19, 2023  
Drop off between 8:00 am and 8:30 am  
Pickup between 4:00 pm and 4:30 pm

### Location

Golden Community Center  
1470 10th St, Golden, CO 80401



## APPLY EARLY! Space is limited.

Applying is as easy as 1-2-3!  
Applications open February 1, 2023.



Go to [CampComfort.org/apply](https://CampComfort.org/apply) and fill out the online Camper Application in its entirety.



Click for \$25 nonrefundable deposit payment.



Email your child(ren)’s immunization records to [campcomfort@mtevens.org](mailto:campcomfort@mtevens.org)

We’ll respond within two business days to confirm we’ve received your child(ren)’s application. We look forward to learning more about your child(ren) and talking about camp.

### Payment due dates

June Weekend Camp: June 1, 2023  
July Weekend Camp: July 1, 2023  
July Day Camp: July 1, 2023