## 2025 Sessions



a grief camp for children ages 6-12

Dear Parent or Guardian,

While issues of grief and loss are hard for anyone to handle, they can be especially painful and confusing for children. Sharing with other children who are in similar situations and knowing that they are not alone can be very helpful. We invite your child to take part in a positive, healing experience with Camp Comfort.



Founded in 1995, Mount Evans Home Health Care & Hospice's bereavement camp has helped more than 2,000 grieving children ages 6 to 12 find a path through their grief. Camp Comfort will be offering two weekend long camps in the mountains and one day camp for three days in metro Denver this summer. Children learn ways to cope with their grief through workshops and activities, building skills to help them now and throughout their lives. Workshops are balanced with exciting recreational and creative activities, so that children feel free to have fun and just be kids.

Our hope is that an experience at Camp Comfort will assist your child in understanding their loss while having fun and finding support with other children who have lost a loved one.

With Hopes of Healing, The Camp Comfort Staff



## **WEEKEND CAMP**

Our weekend camp begins on Friday evening, when campers meet their volunteer "buddy" and cabin mates. Saturday is full of emotional discovery and heart-healing recreational activities—sharing sessions, swimming, fishing, ziplining, art projects, and more! Saturday ends with a bonfire and a talent show!

Camp concludes Sunday morning with a reflective closing ceremony that families are invited to attend. Campers will leave having learned ways to express their grief and knowing they're not alone in their feelings of grief.

Meals, snacks, lodging, and recreation included.

#### **Dates**

Choose between two weekend sessions: June 13 - 15, 2025 July 11 - 13, 2025

### Location

Easter Seals, Rocky Mountain Village 2644 Alvarado Rd, Empire, CO 80438

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"I've never met somebody before that has gone through what I have gone through. It kind of let me open up more to people because I haven't told many people about what happened."

- Cooper, age 12



# DAY CAMP

At our three-day camp, campers will learn ways to cope with their grief while building meaningful relationships and experiencing lots of summer fun! Campers will engage in grief workshops and therapeutic activities as well as participate in fun recreational and artistic activities. Camp will conclude with a reflective closing ceremony that families are invited to attend.

Breakfast, lunch, snacks, and recreation included.

### **Dates & Times**

Tuesday, July 22 through Thursday, July 24, 2025 Drop off between 8:00 am and 8:30 am Pickup between 4:30 pm and 5:00 pm

#### Location

Arbor House at Maple Grove Park 14600 W 32nd Ave, Golden, CO 80401



I just wanted you to know how much my daughter enjoyed her time at camp. She had been very quiet and withdrawn lately. I know she keeps her feelings inside. (She still doesn't talk about her Dad much.) She came home on Sunday over the moon and couldn't stop talking about all the activities and fun she had.

- Parent of a Camper





## Who is Camp Comfort for?

Any child between the ages of 6 and 12 who is grieving the death of a family member or friend.

## Who supervises Camp Comfort?

Children's bereavement professionals, clinical staff, and volunteers supervise campers. All staff and volunteers are screened and undergo background checks. A behavioral specialist is available to provide specific behavior and emotional support to accommodate social/emotional needs of campers. Licensed therapists facilitate the grief workshops.

For the weekend camps, specially trained volunteers, called "buddies," stay with their assigned campers throughout the weekend including in the cabins at night. Also, a camp nurse is available for first aid and to dispense medications.

Can Camp Comfort accommodate children with special needs? Please reference your child's special needs on the intake form and during the intake phone call. All children will be considered on an individual basis, based on camp's abilities to meet their needs.

## How much does Camp Comfort cost?

Camp Comfort is free for all children thanks to our generous donors. A \$25 nonrefundable deposit is required per child to hold their spot.

# **APPLY EARLY!**

Space is limited.

CampComfort.org

to fill out the Camper Interest Form.